

Programme of Study : General Medicine
Course : **Selected Chapters from Sports Medicine**
Abbreviation : TVL/VAA21
Schedule : 12 hours seminars
 4 hours practicals
Course Distribution : 3. year, 5. semester
Number of Credits : 2
Course Form : Seminars, practicals

Seminars :

Teachers: MUDr. J. Malinčíková, Ph.D.
Study : Medical fakulty TD-2.521, Depatrmnet of sports medicine,
 Tuesday 13.30

	Date	Subject	No.of Less.	Teacher
1	20.9.2022 TD-2.521	Laboratory tests of performance, physiology of training. Physical activity in woman, children and seniors.	3	Malinčíková
2	27.9.2022 TD-2.521	Prescription of physical activity, physical activity in various types of diseases - ergotherapy, ECG at load and in athletes.	3	Malinčíková
3	4.10.2022 TD-2.521	Sports traumatology.	3	Malinčíková
4	11.10.2022 TD-2.521	Risc sports, new types of sports, 3D training.		Malinčíková

Practicals :

Teachers : MUDr. J. Malinčíková, Ph.D.
Study : Block

	Date	Subject	No.of Less.	Teacher
1	18. 10. 2022 1. 11. 2022	Nordic walking - techniques	2	Moravcová
2	individual agreement	Nordic walking – practical teaching	2	Imrichová/ Mikulášková

Completed by : Practicavit

Requirements : Attendance on seminars and practicals

Literature : Bruckner P., Kuan K. et al.: Clinical Sports Medicine, 3-rd edition, 2010

Blumethal R. et al: Preventive Cardiology, Saunders 2011

Skinner: Exercise Testing and Exercise Prescription for Special Cases, 2-nd edition, Lea at Febiger, Philadelphia-London 1993

