

Palacky University
English
Programme
Association



- 
- Who are we?
 - What do we do?
 - How can we benefit you?
- 

Who are we?

- Palacký English Programme Association (**PEPA**) is a group of 16 students studying Medicine, Dentistry or Physiotherapy at our university
- We are **university reps** of the above-mentioned three degree programmes.
- **You can join us every year** when applications open.
- We are here to **listen** to your problems, ideas, suggestions, opinions and **bring them forward** to the University's Dean and Vice-Dean
- We collaborate with **Spolek Mediků** (CZ student association) and International Federation of Medical Students Association (**IFMSA**)
- We create events to **integrate** both English and Czech programs together

What we can do for you



SETTLING IN

Find your feet in a new city and university environment



STUDENT LIFE

Event updates through the PEPA social media and Fresher's Week



ACADEMIC SUPPORT

Revision planning, study tips, and preparing for exams



BUDDY SYSTEM

Connecting for support, advice, and a familiar face



WELLBEING

Handling the academic, personal, or external pressures



EXTRACURRICULAR

Finding balance through hobbies, societies, and activities

How can we help you?

- We hold talks and **tours** of the university, the hospital and the town of Olomouc during Orientation week for new incoming students.
- We organise **Fresher's week** full of events for the 1st Year students to get to know new colleagues & upper year students.
- We collaborate with our affiliated societies to organise various **events** such as Bake Sales, Seminars taught by lecturers or senior students, First-Aid and Sexual Education talks for the students of the International School of Olomouc, Dermatology Seminars.
- We also collaborate with the Welcome Office, Erasmus Student Network (ESN) and United International Medical Schools (UIMS) on various events.
- We also annual host our famous '**How to study for XYZ**' **tutorials** for each academic year as well as Pathophysiology tutorials.
- We run the **Mentoring Programme** that **provides** 1st Year's with the **individual support** required to thrive both academically & personally.



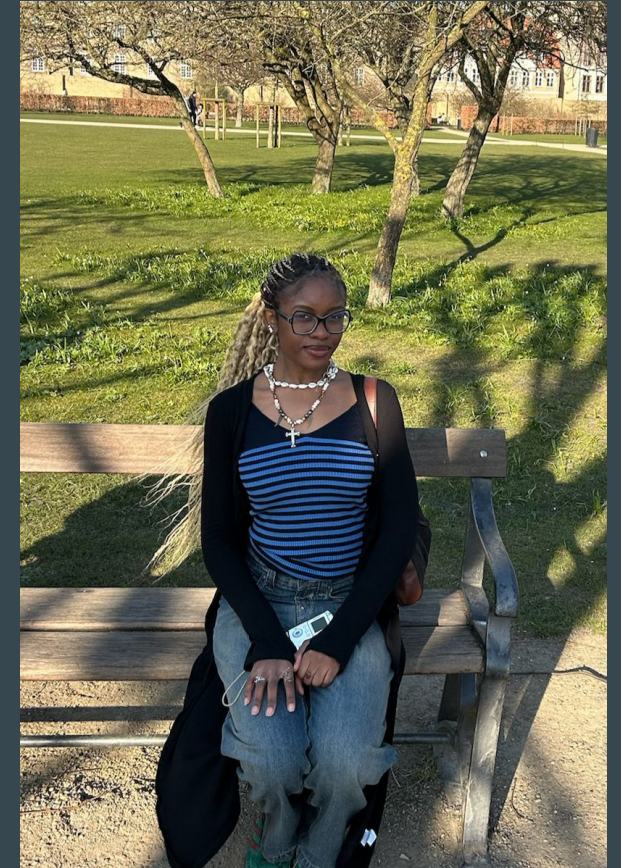
Jessica Yousef

PRESIDENT



Evelyn Victor

VICE-PRESIDENT



Kanyinsola Talabi

TREASURER



Sotiria Triantafyllidi

MENTOR PROGRAM LEAD



Maiko Yoshida

EVENT MANAGER

SOCIAL MEDIA TEAM



Isabelle Botassi

SOCIAL MEDIA MANAGER



Yasmeen Al Bakri

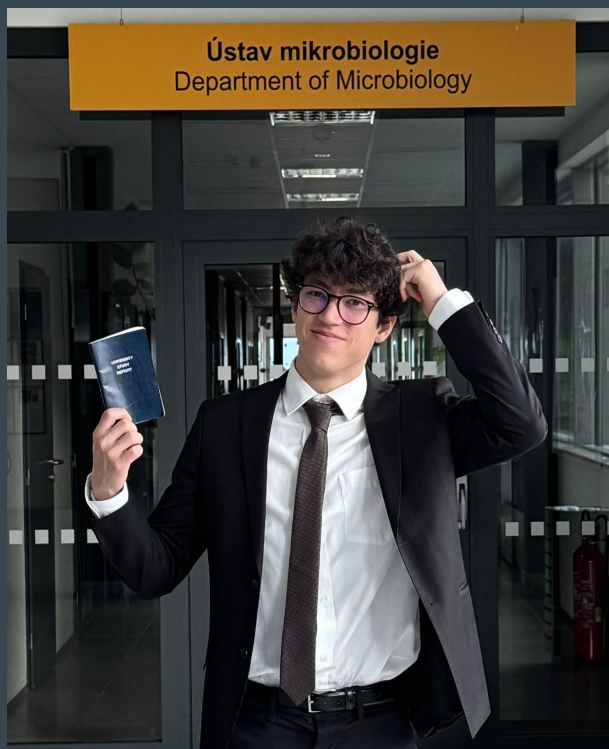
TEAM MEMBER



Anushka Singh

TEAM MEMBER

TEAM MEMBERS



Luis Torres
5th year
General Medicine



Arooba Ameer
4th year
General Medicine



Esther Boyede
4th year
General Medicine



Omar Burhan
4th year
Dentistry

TEAM MEMBERS



Charlotte Akol
3rd year
General Medicine



Behrad Nafissi
3rd year
Physiotherapy

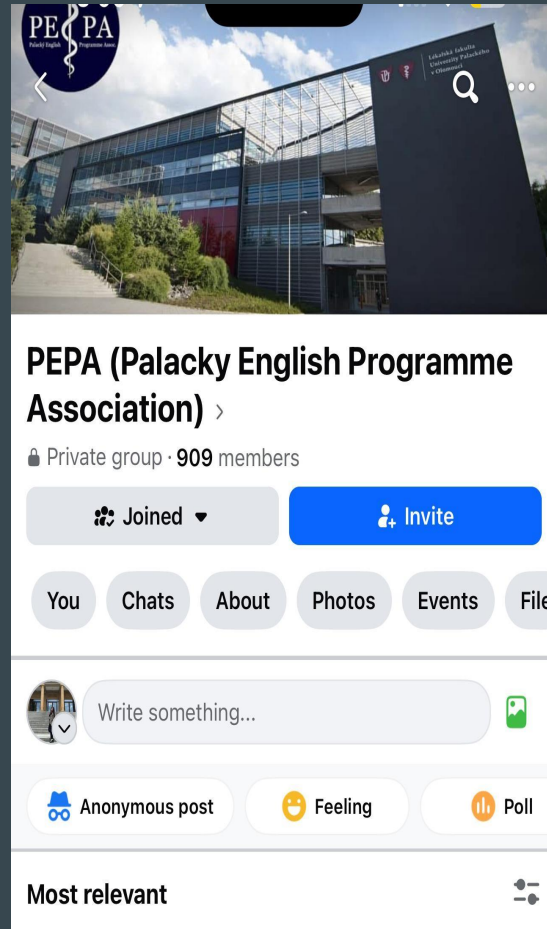
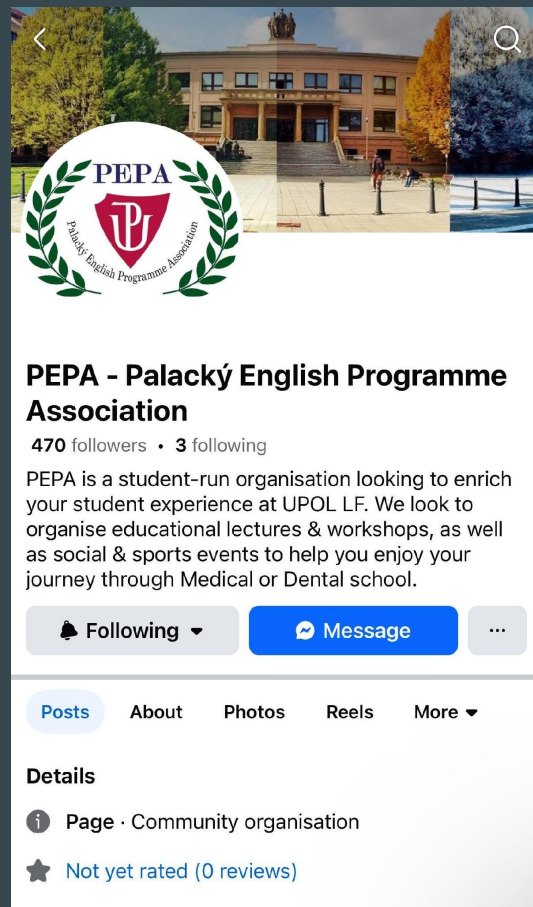


Ibrahim Rajab
2nd year
General Medicine



Karan Koohdani
2nd year
Dentistry

Our social media





1st year UPOL Med, Dent, Physio
2026/27

WhatsApp group



Scan this QR code using the WhatsApp camera
to join this group

Educational support

- Preparation for credit tests and finals
- Tips from upper years
- subject specific seminars
- Med Chem Cals Tutorial
- Anatomy assistants



STUDENT AFFAIRS OFFICE AND WELCOME OFFICE

Welcome Office

- Website: <https://www.upol.cz/welcome-office/>
- Keep an eye for our collabs and their own events
- They can also help you with a variety of issues
- Check out their website for more information about their services as well as tips

Student Affairs Office

Address:

Faculty of Medicine and Dentistry, Palacký University Olomouc
Dean's Office
Hněvotinská 3
779 00 Olomouc

Office Hours:

MON and THU: 8.00-11.00 and 13.00-16.00

Section for the English Programme and International Relations

Mgr. Jana Osmani

General Medicine
jana.osmani@upol.cz
☎ +420 585 632 017



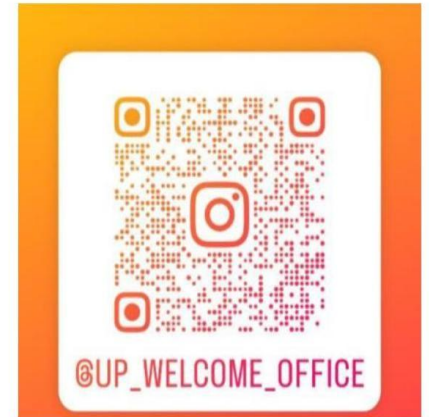
Bc. Jitka Melcrová

Dentistry, Doctoral Studies
jitka.melcrova@upol.cz
☎ +420 585 632 012



Ing. Petra Nakládlová

International Relations, Section for Accreditations
petra.nakladalova@upol.cz
☎ +420 585 632 015



IDENTIFICATION CARDS (ISIC & STANDARD UP BLUE CARD)

Office hours

Office hours of the ID card office

(Biskupské nám. 842/1, Armoury building, 2nd floor, Computer Centre, door no. 3.87)

Monday	9.00 - 11.30	13.00 - 14.00
Wednesday	9.00 - 11.30	13.00 - 14.00
Thursday	9.00 - 11.30	13.00 - 14.00
Friday	9.00 - 11.30	



ISIC:

1. Worldwide student status recognition, exclusive discounts in shops, restaurants, education, entrance fees, travelling, accommodation, bank allowances.
2. Start up fee: 200 czk
3. Revalidation stamp fee: 350czk (paid on STAG)

Normal UP card:

1. Only valid in UP
2. No annual renewal is necessary

Start up fee: 200czk

EHIC CARD and Health Insurance



- Most non-EU students use VZP to set up their health insurance
- For EU students: validation of EHIC must be performed in order for your card to be accepted in the Czech Republic
- This is done at the VZP office as well
- Address: Jeremenkova 1142, 779 00 Olomouc 9-Hodolany

Medical Hotline

Students should contact PEPA first for whether they should go to the emergency or contact doctor.

In dorms

Esther Boyede: +420 774558164

Arooba Ameer : +44 7484170569

Outside dorms

Luis Torres: +420 777513209

Sotiria Triantafyllidi: +357
96582929

Mental Health

Michal: +420 702345202

Ky: +353 894180959

Emergency #
for english speakers:
112



MEDICAL HELP AVAILABLE FOR STUDENTS



Emergency services available at the Faculty Hospital:
in Czech “Fakultní nemocnice Olomouc - urgentní příjem pacientů”
–24/7

- Doctors of each specialty for students specifically can be found under this link: <https://www.lf.upol.cz/en/students/practicalinformation/>

BANKS IN OLOMOUC

- Many banks are available
- Walk in directly and set up a bank account
- Documents needed: Passport and/or ID, Proof of studies (download from electronic forms in portal website), Proof of residency in dorms or flat e.g. contract
- Banks available: Raiffeissen, Česká spořitelna, Fio bank, SOB, Komerční banka (KB)
- Alternative is Revolut



WHERE CAN YOU STUDY?

At the medical faculty:

1. Šantavého Sál or commonly known as “Fishbowl” which is 24/7
2. Side libraries open Mon to Thursday 08:00 to 18:00, Friday 08:00 to 15:30 , not open on Weekends
3. Knihovna Univerzity Palackého Zbrojnice in town

Address: Biskupské nám. 842, 779 00 Olomouc 9

opening hours (picture)

- Libraries are also found in other faculties scattered across town too

A photograph of a library opening hours sign. The sign has a white header with a small logo and the word 'Knihovna'. Below the header, the title 'LIBRARY OPENING HOURS' is printed in blue. The main body of the sign is blue with white text. It lists the days of the week in white circles on the left, followed by the opening hours on the right. The hours are: Monday to Thursday 8am-10pm, Friday 8am-7pm, Saturday 9am-4pm, and Sunday CLOSED. At the bottom, it states 'NIGHT STUDY ROOM IS NONSTOP OPEN' in white capital letters.

LIBRARY OPENING HOURS	
MO	8am-10pm
TUE	8am-10pm
WED	8am-10pm
THU	8am-10pm
FRI	8am-7pm
SAT	9am-4pm
SUN	CLOSED
NIGHT STUDY ROOM IS NONSTOP OPEN	

SHOP • EAT • EXPLORE

Grocery stores

- Globus (beside Neredin)
- Tesco
- Billa
- Albert
- Kaufland
- Penny
- Lidl

Shopping malls

- Šantovka (post office, grocery store, cinema, shops)
- Galerie Moritz
- OC Hana

Menzas

Food Credit via Portal or set the meal in person via the machine

Delivery services

- Bolt food
- Foodora
- Wolt

Centrum

- Pubs
- Indian
- Sushi
- Pizza
- Kebab
- Burger

Google maps for all the mentioned locations-

- Globus- <https://maps.app.goo.gl/3CJxmhh6RoUAFaiUA>
- Tesco- <https://maps.app.goo.gl/82xZ3mztK79MsuRr9>
- Billa (near uni)- <https://maps.app.goo.gl/fRHbpAUdpQbiApXA6>
- Albert (near uni)- <https://maps.app.goo.gl/1UpXW3VVeRuNsUnr7>
- Kaufland- <https://maps.app.goo.gl/cjWQtiGxKfoVMAnA8>
- Penny (near uni)- <https://maps.app.goo.gl/1b8VrcFdoaJuVbTU9>
- Lidl-<https://maps.app.goo.gl/UEW27GzjjXWN7asn6>
- another Lidl- <https://maps.app.goo.gl/e34zGxD6FxAaDg4q9>
- Santovka - <https://maps.app.goo.gl/y7a7Z9DEvuhHJH9p9>
- Gallery Moritz- <https://maps.app.goo.gl/qSV9t9yrqJRRVE8f7>
- OC Hana - <https://maps.app.goo.gl/ALNb2WbZsda1fba37>

Our restaurant recommendations-

INDIAN-

- Pashupati-<https://maps.app.goo.gl/tJl1fhh62f2m1B2Aw9>
- Kathmandu dinner-<https://maps.app.goo.gl/ospHZVD64MHqMRkW8>
- Hi 5 -<https://maps.app.goo.gl/Sigaw6wUcmzi9G6d6>
- Bombay express -<https://maps.app.goo.gl/jkC6PoYApfz3t58k9>

KEBAB PLACES-

- zam zam kebab- <https://maps.app.goo.gl/zBtxoWyeohsF6ZUBA>
- king kebab- <https://maps.app.goo.gl/UrvJJ1H4T5pmeF1O8>
- kurdish kebab-<https://maps.app.goo.gl/nxLsdjDDEmxZWc3K9>

FAST FOOD (santovka)-

- popeyes
- kfc
- burgerking
- bageterie

Our restaurant recommendations-

MEXICAN/ ITALIAN-

- Dos amigos-<https://maps.app.goo.gl/Fqkrza5aBtEBNyk69>
- Spaghetti-<https://maps.app.goo.gl/3k7bvbLSRXHcNGdv9>
- Los capitos-<https://maps.app.goo.gl/itHfPaLHxICk3x8m7>
-

VIETNAMESE-

- viet village- <https://maps.app.goo.gl/HxJOqehuCl6CmeGz6>
- maison viet-<https://maps.app.goo.gl/tWriK3o7lgm8ktgs8>
- banyan-<https://maps.app.goo.gl/RXJ8FXr7CbePi3PC9>
- codo-<https://maps.app.goo.gl/NAk9y6mgRo7Y7wfG9>

CHINESE/ THAI

- litchi-<https://maps.app.goo.gl/q39ZaR1V4ya7Sv4r9>
- shanghai restaurant-<https://maps.app.goo.gl/huoNWfC3Fy8CYegy6>
- 818 restaurant- <https://maps.app.goo.gl/m5upDePVjrSWPTIxV9>

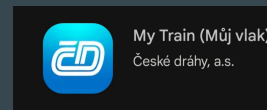
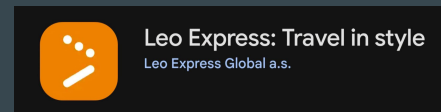
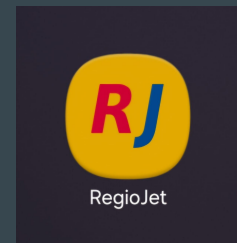
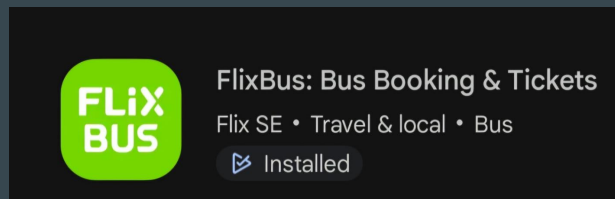
Our restaurant recommendations-

PUBS AND CAFES-

- Burger & Beer brothers-<https://maps.app.goo.gl/4fUcpCcF1mN2eFRg7>
- Cafe new one-[https://maps.app.goo.gl/puc\]ocbU5\]v\]krU97](https://maps.app.goo.gl/puc]ocbU5]v]krU97)
- Long story short-<https://maps.app.goo.gl/uHlFgNapogndTtVJ7>
- N&M deserts- <https://maps.app.goo.gl/cfmNEHtKfKcuvHS7>
- U morice-<https://maps.app.goo.gl/QmY45BPDCUg2ZLCD6>
- Cross cafe- <https://maps.app.goo.gl/qEgfdFJxnfdYqWPA6>
- Traffic coffee- <https://maps.app.goo.gl/D97wzbn47cXE3NXt6>

Travel

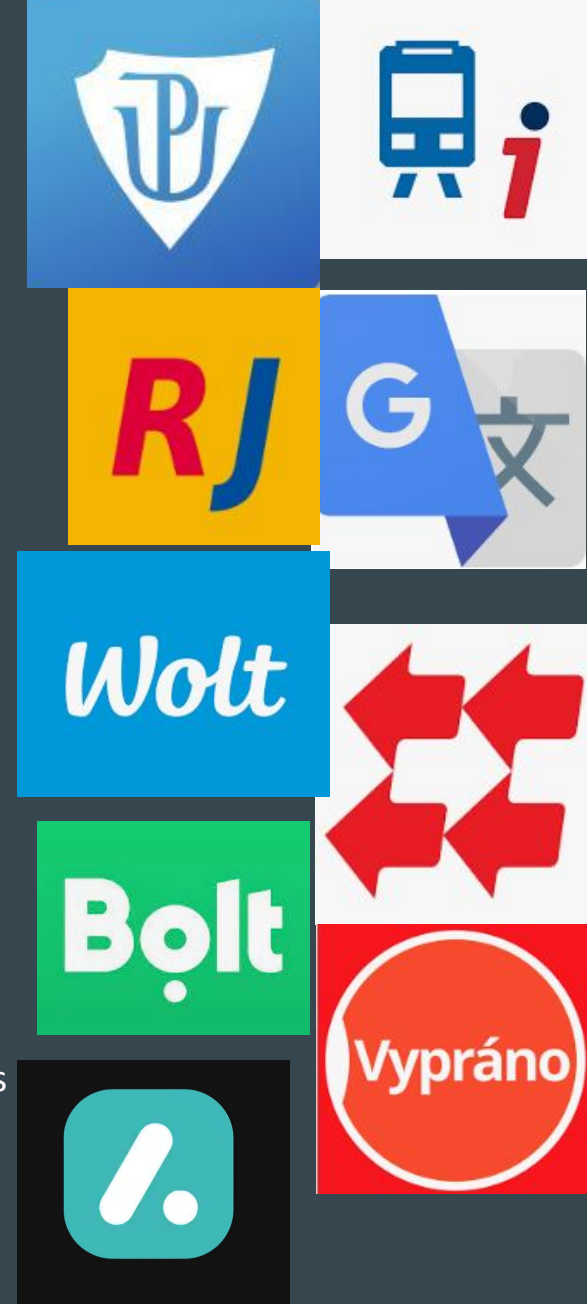
- Easy to travel to nearby cities via buses and trains
- Regiojet - ISIC discount (Train and Coach)
- Leo Express – ISIC discount
- České Dráhy - ISIC discount
- Flixbus/Regiojet (check which station!)



Useful apps to download

- **For uni**
Uplikace, ALIVE app, Vyprano
- **For taxis**
Bolt, Uber.
- **For public transport**
Pubtran, Self (ticket purchase), IDOS, Regiojet, Flixbus, Můj vlak, Leo Express
- **For online groceries**
Rohlik, Albert Online, Tesco, Lidl plus- recommend to use the apps while buying groceries to get discounts
- **For online shopping**
ASOS, Trendyol, SHEIN, Temu, Amazon, Zalando, LIDL, Alza- you can put the nearest P.O. Box as the delivery address you live in the dorms,

ALWAYS CHECK FOR ISIC DISCOUNT





Sport teams, Fitness

Football



Pitches are available at Nové Sady

- Cost: 1200 czk for 2 hours (60-100 czk per person)

UIMS also organizes football tournaments throughout the semester

- Please join the Whatsapp group chat for more details

UPOL Football 25/26 
WhatsApp group



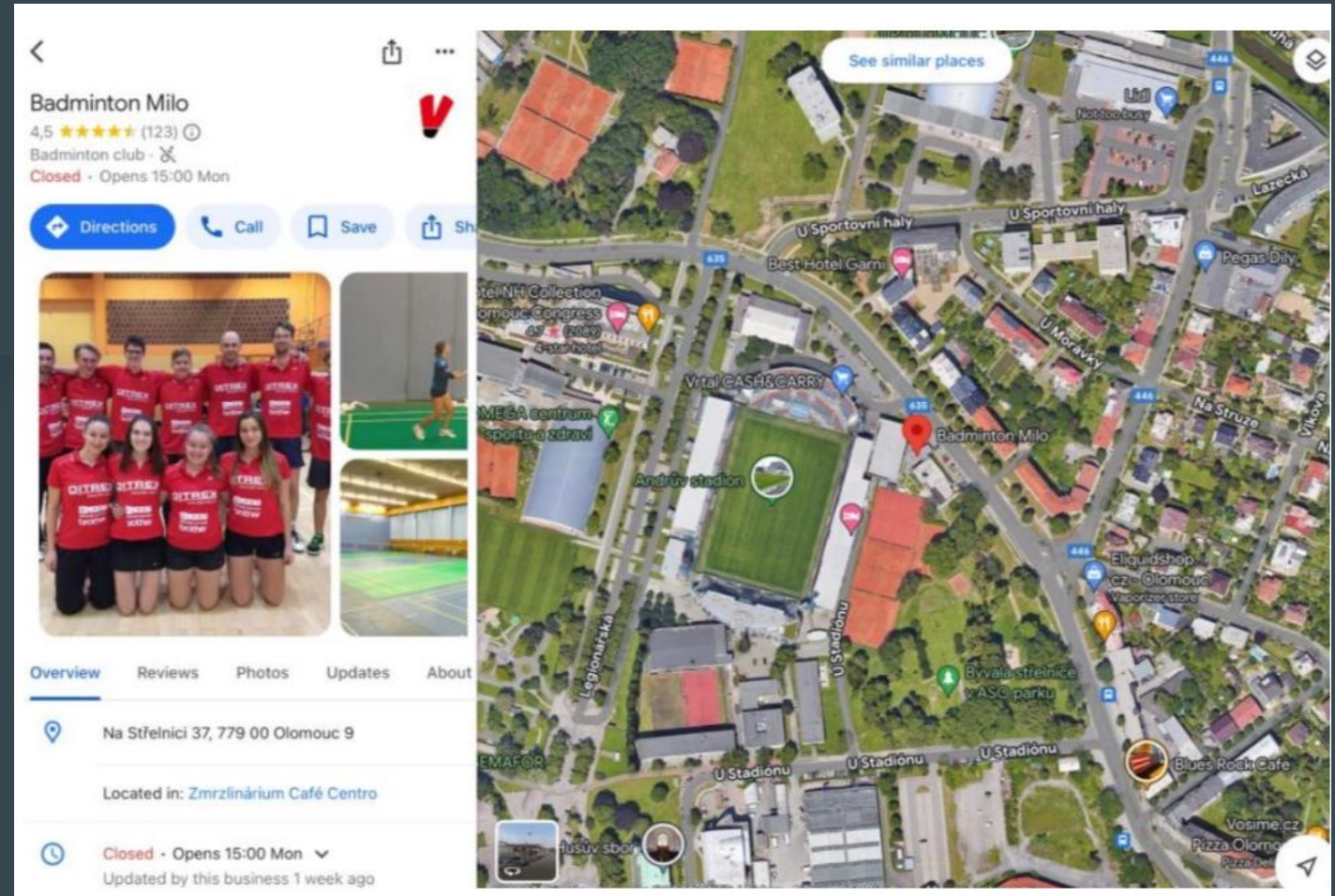
This group QR code is private. If it is shared with someone, they can scan it with their WhatsApp camera to join this group.

Badminton

- Every Sunday
- 1 hour (13:00-14:00)
- Doubles and Singles
- 100kc each
- 50kc rent a racket

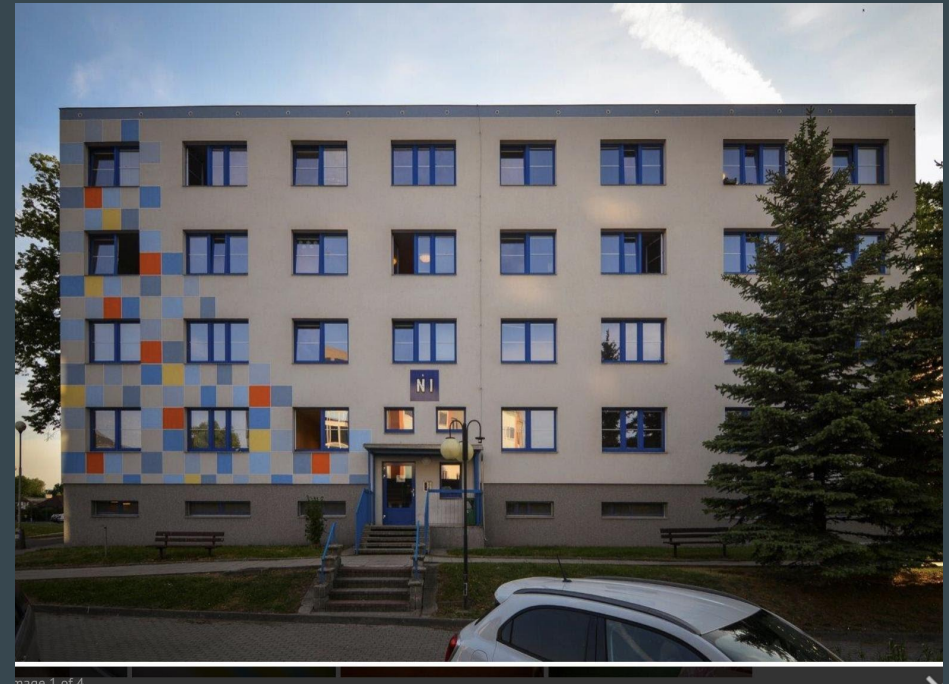
Location:

Badminton Milo, Na Střelnici 37, 779 00
Olomouc, Czechia



Gym - Neředín

- 600 Kc per term
- Requires ISIC
- Basement of N1
- You get the key from reception and give it back when you are done
- Max of 3 people in the gym at the same time



Eurogym

- Close to medical faculty
- Address: Stupkova 952, 779 00
Olomouc 9- Nova Ulice
 - ISIC required as proof

One time entry	Price
1 x one-time entry for CZK 170	170 CZK

Season tickets for students and seniors *	Price
Discounted monthly access to the gym without restrictions	990 CZK
Discounted half-yearly (6 months for 950 CZK/month)	CZK 5,700
Discounted annual (12 months for 850 CZK / month)	10,200 CZK

* applies to students under 26 and seniors over 60. When using the discount, the staff will ask for a certificate of study or another document confirming entitlement to the discount.

Sports Faculty

Address:

BALUO APPLICATION

CENTRE U letiště 976/32 Fakulta tělesné kultury
Univerzita Palackého v Olomouci třída Míru 117,
Olomouc 771 I

- ISIC required as proof

MEMBERSHIP PLUS

- Entrance to the pool → **140 CZK / 120 CZK***
- Entrance to fitness → **130 CZK / 100 CZK***
- Monthly fitness pass (31 entries)
→ **1200 / 900 CZK*** (FREE voucher for 1 InBody body composition measurement)
- Happy Hours (8:00 a.m. - 3:00 p.m. on weekdays, during opening hours on weekends)
- fitness entrance for students up to 26 years old
→ **90 CZK**
- Package of 10 entries to the fitness or swimming pool for a better price
- FREE voucher for 2 InBody body composition measurements

* Children 3 - 18 years, students under 26 years, UP employees, seniors 65+, ZTP and ZTP/P

MEMBERSHIP BASIC

- Monthly fitness pass (31 entries) → **1200 / 900 CZK*** (FREE voucher for 1 InBody body composition measurement)
- Happy Hours (8:00 a.m. - 3:00 p.m. on weekdays, during opening hours on weekends)
- fitness entrance for students up to 26 years old
→ **90 CZK**
- Individual classes with coach (fitness)

* Children 3 - 18 years, students under 26 years, UP employees, seniors 65+, ZTP and ZTP/P

OMEGA Sports Center

- Racket sports (Tennis - indoor and clay, Badminton, Table tennis)
- Fitness - Gym
- Fitnesses classes
- Massages
- Cross-fit
- Address: Legionářská 1299/19, 779 00 Olomouc 9
- 15% discount with ISIC
- <https://www.omegasport.cz>



MEMBERSHIP IN OMEGACLUB

FITNESS, GROUP CLASSES RACKET SPORTS

MONTHLY/YEARLY PASS

BENEFITS OF MEMBERSHIP TYPES	PLATINUM	GOLD	SILVER
Use	WITHOUT LIMITATION	WITHOUT LIMITATION	untill 3 pm.
Wellness 120 min./day	0 CZK	200 CZK	200 CZK
FREE wellness entrance	1× 180 min. per/day	1× 120 min. per/month	1× 120 min. per/month
Discount on services/ consumption	20/10 %	20/10 %	20/10 %
Towel service free on every visit	✓	✓	✓
FREE parking in the paid parking lot during your visit	4 hours	4 hours	4 hours
FREE parking on Omega's premises	✓	✓	✓
FREE InBody diagnostic 1 time per year	✓	✓	✓
Possibility to discontinue membership	1 month	1 month	1 month
Up to 4 weeks of booking without credit required	✓	✓	✓
PRICE OF MEMBER.			
Year - payment	25.200 CZK (2.100 CZK × 12)	10.080 CZK (840 CZK × 12)	8.400 CZK (700 CZK × 12)
Monthly - payment	2.200 CZK	890 CZK	750 CZK
Monthly membership	3.900 CZK	1.590 CZK	1.340 CZK

A fee of 2.000 CZK is charged for termination and renewal of membership during the year. The benefits of SILVER membership can only be used until 15.00.



FITNESS, COACH	MEMBER	NON-MEMBER
SINGLE ENTRY	220 CZK	270 CZK
PERSONAL TRAINING 1-2 PERSON	400-500 CZK	500-600 CZK
POWER PLATE/PAIR 30 min.	240/310 CZK	340/470 CZK

GROUP CLASSES	MEMBER	NON-MEMBER
LESSON 60/75 min.	130/145 CZK	165/175 CZK
WARM & HOT 60/90 min.	170/205 CZK	205/240 CZK
TRX & FUNCTIONAL TRAINING	150 CZK	180 CZK
SM SYSTEM 45 min.	170 CZK	205 CZK

RACKET SPORTS		6-9 hour	9-15 hour	15-22 hour	WEEKED HOLIDAY
TENNIS HALL summer from 1st of May to 30th of September	MEM.	440 CZK			
	NON.	520 CZK			
TENNIS CLAY	MEM.	220 CZK	180 CZK	220 CZK	220 CZK
	NON.	260 CZK	210 CZK	260 CZK	260 CZK
BADMINTON	MEM.	270 CZK	230 CZK	340 CZK	340 CZK
	NON.	330 CZK	290 CZK	420 CZK	420 CZK
TABLE TENNIS	MEM.	210 CZK	200 CZK	260 CZK	260 CZK
	NON.	270 CZK	240 CZK	330 CZK	330 CZK
SQUASH	MEM.	210 CZK	200 CZK	260 CZK	260 CZK
	NON.	270 CZK	240 CZK	330 CZK	330 CZK

FITNESS	MEMBER	NON-MEMBER
ANNUAL PASS (ONE-TIME PAYMENT)	1.150 CZK (×12)	1.500 CZK (×12)
ANNUAL PASS (MONTHLY PAYMENT)	1.300 CZK	1.600 CZK
MONTHLY PASS	1.500 CZK	1.800 CZK

GROUP CLASSES	MEMBER	NON-MEMBER
ANNUAL PASS (ONE-TIME PAYMENT)	1.250 CZK (×12)	1.550 CZK (×12)
ANNUAL PASS (MONTHLY PAYMENT)	1.350 CZK	1.650 CZK
MONTHLY PASS	1.500 CZK	1.800 CZK

2v1 (GROUP CLASSES+ FITNESS)	MEMBER	NON-MEMBER
ANNUAL PASS (ONE-TIME PAYMENT)	1.450 CZK (×12)	1.750 CZK (×12)
ANNUAL PASS (MONTHLY PAYMENT)	1.550 CZK	1.850 CZK
MONTHLY PASS	1.700 CZK	1.950 CZK

SOLARIUM	MEMBER	NON-MEMBER
2-MONTHS TICKET 80 + 20 min. FREE	1.600 CZK	1.920 CZK

MILON (CIRCLE TRAINING)

The first 4 trainings are FREE!

Option of short-term and annual programs starting at 820 CZK/month.

Exercises on special machines under the supervision of trainers. Suitable for all ages.

Training reservation telephone number is +420 739 003 810.

Academic Sports Center

- Sports Card
- Valid for whole semester
- Can do a variety of sports through the week
- Archery

Reservation system link:

<http://www.sportuj.upol.cz/>

LOCATION

U Sportovní haly 38, 779 00 Olomouc
Palacky University Sports Hall

Akademik
Fitness

Ceník Akademik Fitness

platný od 2. 1. 2023

POSILOVNA	JEDNORÁZOVÝ VSTUP (BEZ KREDITU)	VSTUP S REGISTRACÍ (Z KREDITU)	
		VEŘEJNOST	STUDENTI A ZAMĚSTNANCI UP
Vstup	130 Kč	100 Kč	70 Kč
Měsíční neomezený vstup (1x denně / osoba)	X	800 Kč	650 Kč

Ceny jsou vč. DPH.

SAUNA	JEDNORÁZOVÝ VSTUP (BEZ KREDITU)	VSTUP S REGISTRACÍ (Z KREDITU)	
		VEŘEJNOST	STUDENTI A ZAMĚSTNANCI UP
Vstup (2 hod./osoba)	220 Kč	180 Kč	140 Kč

Ceny jsou vč. DPH.

Provozní doba Akademik Fitness

	Posilovna		Sauna
PO	8.00 - 10.00	14.00 - 21.30	14.30 - 21.30 Společná
ÚT	8.00 - 10.00	14.00 - 21.30	14.30 - 21.30 Společná
ST	8.00 - 10.00	14.00 - 21.30	14.30 - 21.30 Společná
ČT	8.00 - 10.00	14.00 - 21.30	14.30 - 21.30 Ženy
PÁ	8.00 - 10.00	14.00 - 21.30	14.30 - 21.30 Společná
SO	14.00 - 20.00		14.30 - 20.00 Společná
NE	14.00 - 20.00		14.30 - 20.00 Společná

INFITNESS

Address:

Velkomoravská 590/50, 779 00 Olomouc 9-Nové Sady

ONE TIME ENTRY

150 Kč	150 CZK
standard	student

Can be purchased at the branch

MONTHLY PASS

1290 Kč	1290 CZK
standard	student

Can be purchased at the branch

QUARTERLY SEASON TICKET

3400	3400
Kč	CZK
standard	student

ANNUAL PASS

11400 Kč	11400 Kč
standard	student

Can be purchased at the branch



Legends Gym

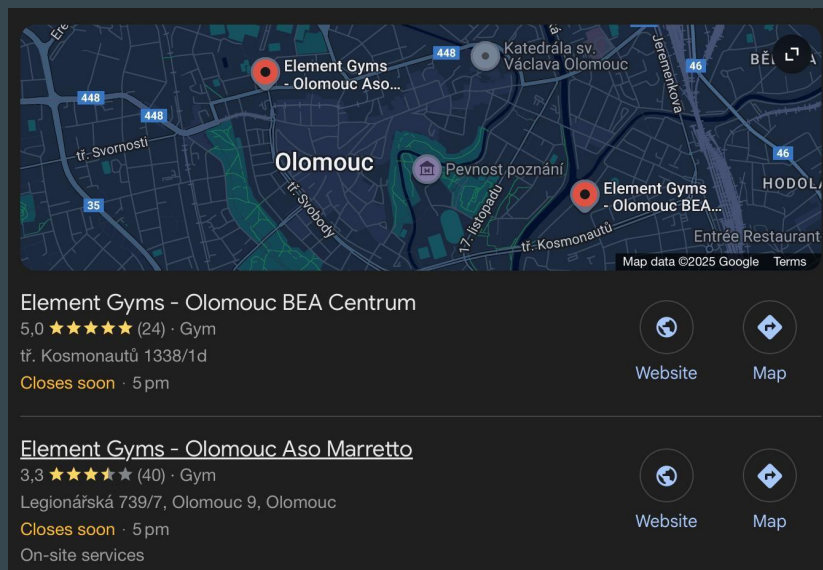
PRICE LIST

One time entry	150 CZK
Student one-time entry	130 CZK
Child under 15 accompanied by a person 16+	100 CZK
10 entry pass <i>valid for 90 days</i>	1300 CZK
Monthly pass <i>valid for 30 days</i>	990 CZK
Student monthly pass <i>valid for 30 days</i>	890 CZK
Quarterly season ticket	2750 CZK
Half-year season ticket	5500 CZK
Annual pass	10,000 CZK

Address

Sokolovská 80/4, 779 00 Olomouc 9-Kláštevní Hradisko

ELEMENTS GYM



BRONZE

- ✓ Automatic Payment by card every 2 weeks. The membership is automatically renewed
- ✓ Access to 1 Element Gym
- ✓ Gym access once a day
- ✓ Limited training time. Exit until 16:00

Just
99Kč/per week

[Register now](#)

GOLD PLUS

- ✓ Automatic Payment by card every 2 weeks. The membership is automatically renewed
- ✓ Access to all our gyms in Czechia
- ✓ Bring a friend in one of your daily trainings
- ✓ Gym access 2x per day
- ✓ Freeze your Membership
- ✓ Unlimited training time

Just
179Kč/per week

[Register now](#)

SILVER

- ✓ Automatic Payment by card every 2 weeks. The membership is automatically renewed
- ✓ Access to 1 Element Gym
- ✓ Gym access once a day
- ✓ Unlimited training time

Just
129Kč/per week

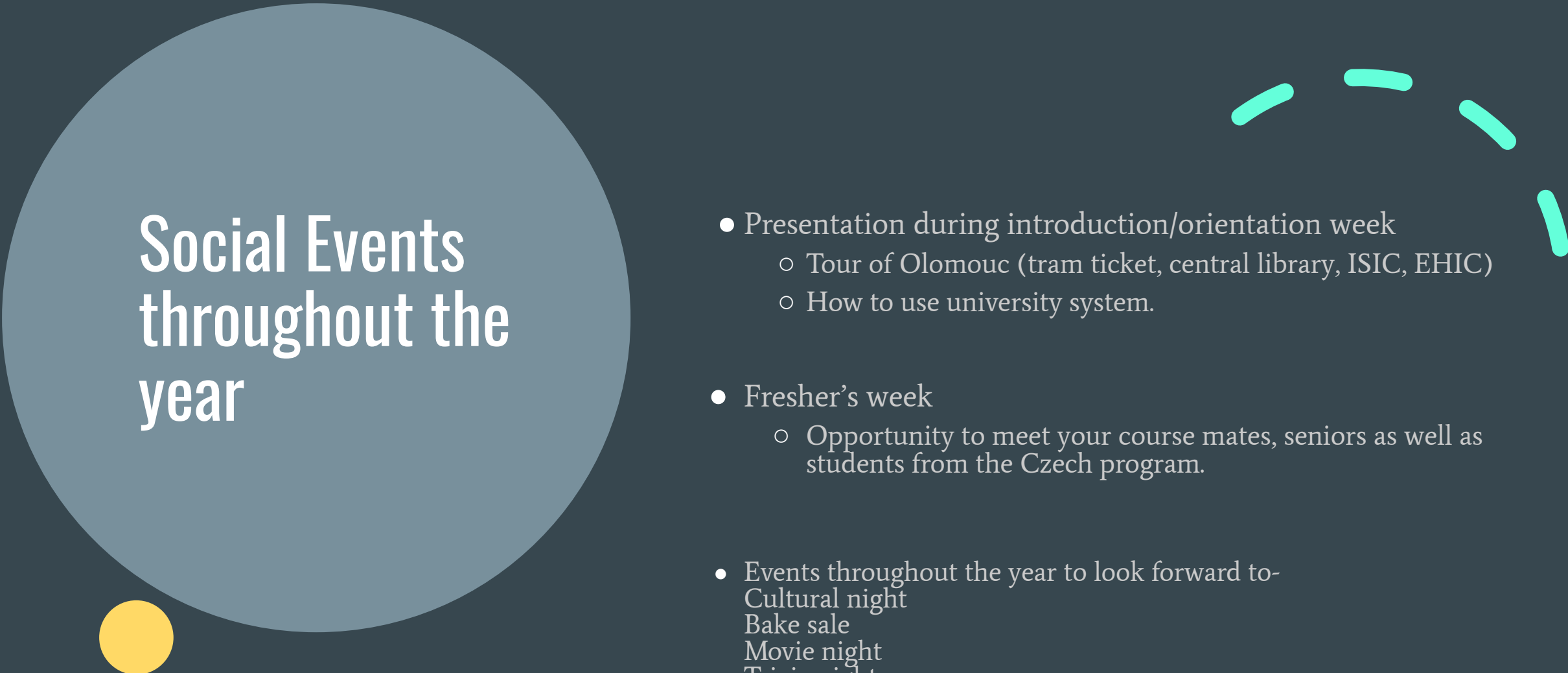
[Register now](#)

GOLD

- ✓ Automatic Payment by card every 2 weeks. The membership is automatically renewed
- ✓ Access to all gyms in City
- ✓ Gym access once a day
- ✓ Freeze your Membership
- ✓ Unlimited training time

Just
149Kč/per week

[Register now](#)



Social Events throughout the year

- Presentation during introduction/orientation week
 - Tour of Olomouc (tram ticket, central library, ISIC, EHIC)
 - How to use university system.
- Fresher's week
 - Opportunity to meet your course mates, seniors as well as students from the Czech program.
- Events throughout the year to look forward to-
 - Cultural night
 - Bake sale
 - Movie night
 - Trivia night
 - and many more!

STAY IN THE LOOP

Facebook page



PEPA - Palacký English Programme Association

470 followers • 3 following

PEPA is a student-run organisation looking to enrich your student experience at UPOL LF. We look to organise educational lectures & workshops, as well as social & sports events to help you enjoy your journey through Medical or Dental school.

Following ▾

Message

Posts About Photos Reels More ▾

Details

Page · Community organisation

★ Not yet rated (0 reviews)

Facebook group



PEPA (Palacký English Programme Association) >

Private group · 909 members

Joined ▾

Invite

You Chats About Photos Events Files



Write something...

Anonymous post

Feeling

Poll

Most relevant

Instagram



WhatsApp group



FRESHERS' WEEK

SEPT 2026

14 SEPT

MONDAY

TRIVIA NIGHT

15 SEPT

TUESDAY

KARAOKE NIGHT

16 SEPT

WEDNESDAY

MISSION: OLOMOUC

17 SEPT

THURSDAY

GO-KARTING

18 SEPT

FRIDAY

PARTY LIKE IT'S 2016

19 SEPT

SATURDAY

GARAGE SALE

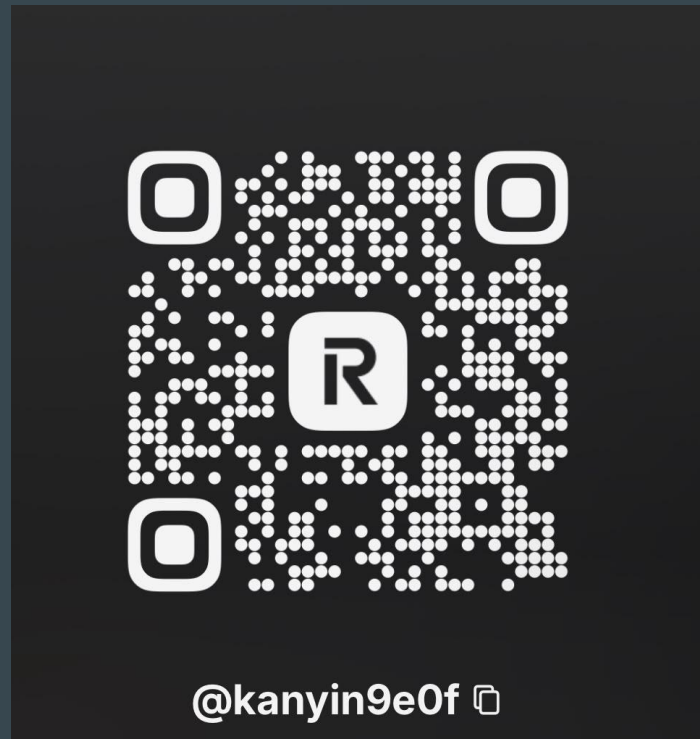
Event	Price
Trivia night	80 czk
Karaoke	60 czk
Mission: Olomouc	free
Go-karting	230 czk ISIC discount
DJ Night	80 czk
Garage Sale	free

- We will update more information about the venue and timings of the freshers week events on instagram and whatsapp. please keep an eye out for it :)
- Early Bird sale Rate – 400Kc for all above events (save 50 Kc)
- Payments: contact– Payments can be made by
 - Cash or
 - QR code or
 - Bank transfer

Please mention your full name & the events you are paying for in the notes section before sending the money & send a screenshot to update KY (treasurer) about it.

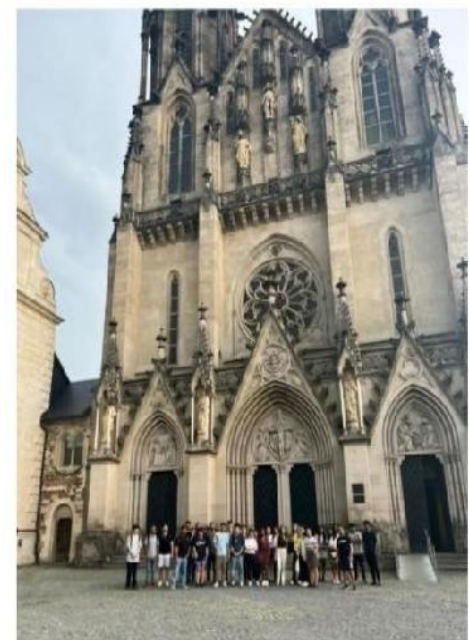
<https://revolut.me/kanyin9e0f>

We really recommend to take the early bird sale rate for all the events :)





Fresher's Week



GENERAL TIPS

- Be on time for your classes
- Be respectful and polite not only to the teaching staff but also your course mates
- Try to sleep enough, eat a healthy, balanced diet and exercise
- If you are feeling overwhelmed or homesick, don't feel shy or embarrassed to reach out! We have all been there and can help you
- When emailing a member of the staff , use the correct Title and their surname e.g. Dear Professor/Doctor/Mgr./Ing. Nováková...
- 1st year tutor: Mgr. Veronika Glogarová
(veronika.glogarova@upol.cz)

Societies

Our Affiliated Societies-

Mental Health Society

Dermatology Student Association

PEPA Radiology and Medical Imaging Society

PEPA Internal Medicine Society

PEPA Surgical Society

PEPA Paediatrics society

PEPA Neurology Society

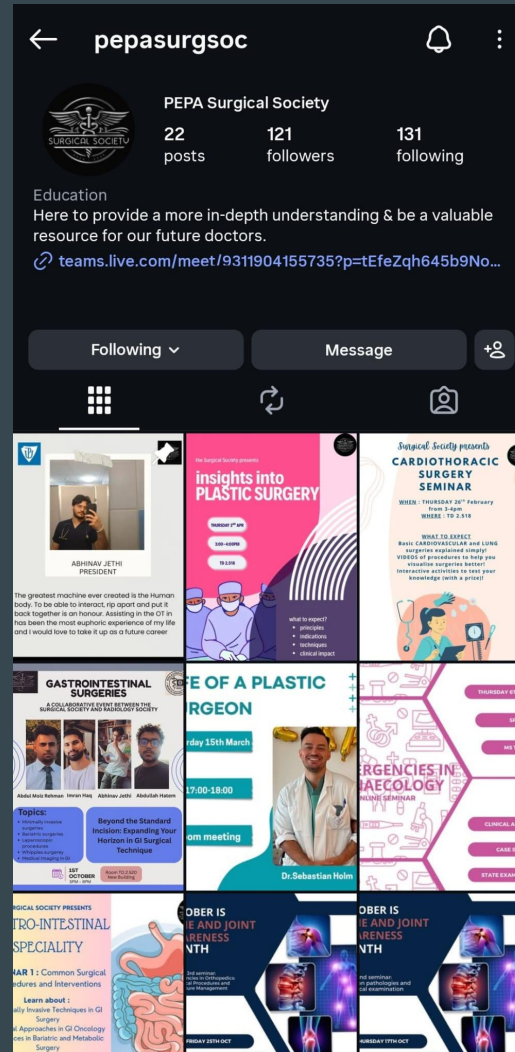
Cardiology Student Association

Dent UP

PEPA Surgical Society



@PEPASURGSOC



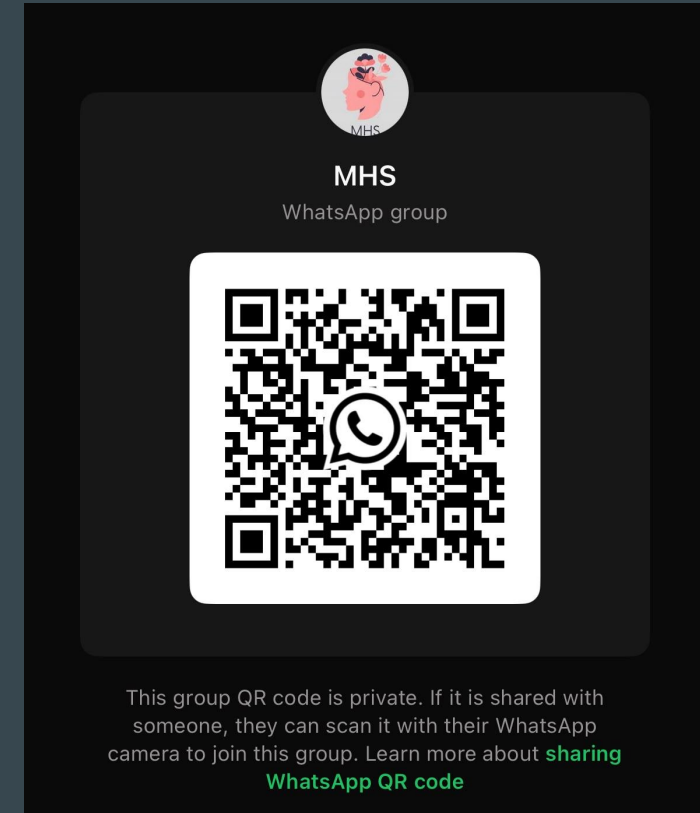
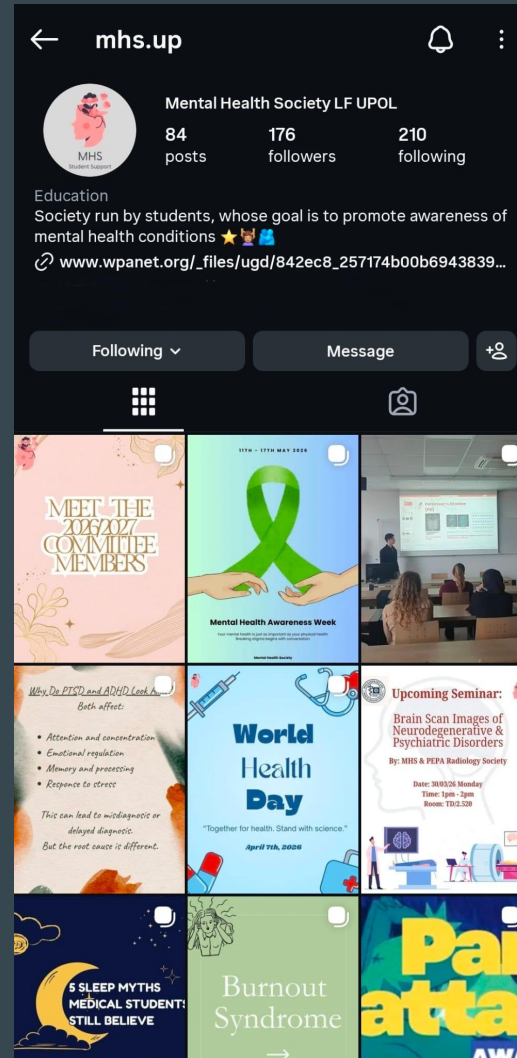
Surgical Society 2025 - 2026

WhatsApp group



Scan or upload this QR code using the WhatsApp camera to join this group

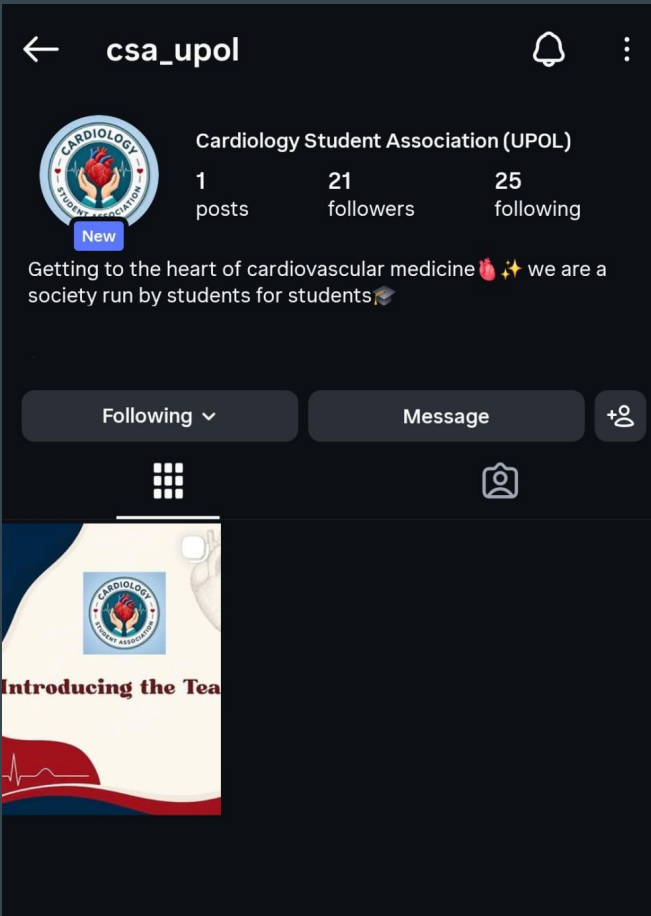
Mental Health Society



Cardiology Student Association



@CSA_UPOL

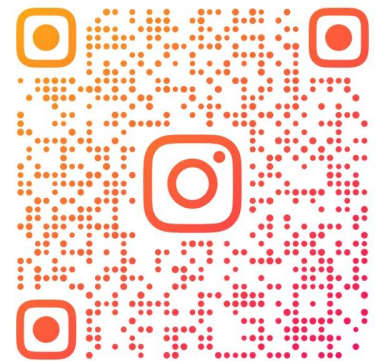


Cardiology Student Association 🩺💡
WhatsApp group

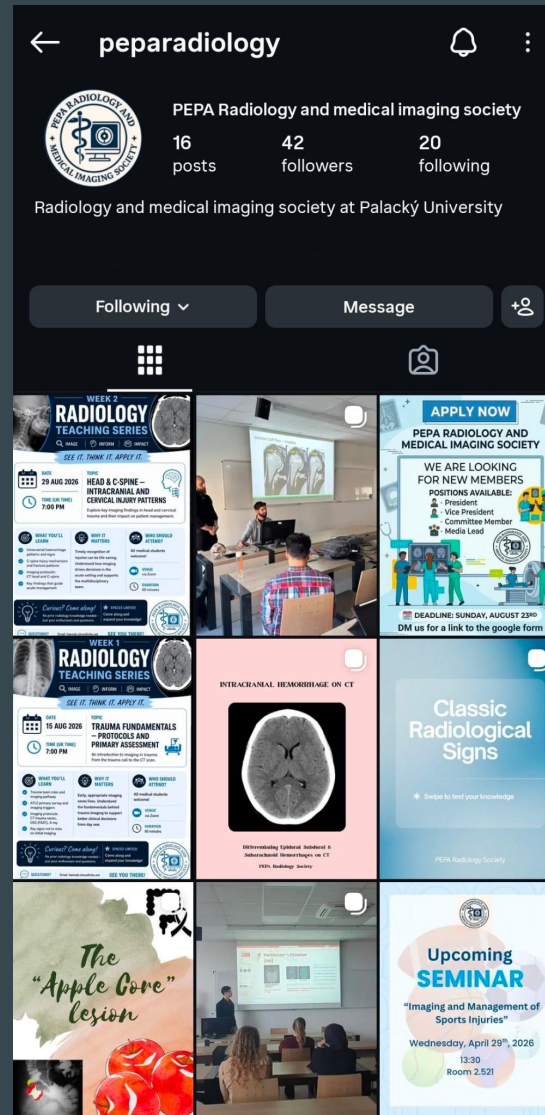


This group QR code is private. If it is shared with someone, they can scan it with their WhatsApp camera to join this group.

PEPA Radiology and Medical Imaging Society



@PEPARADIOLOGY



PEPA Radiology and Medical Imaging Society
WhatsApp group

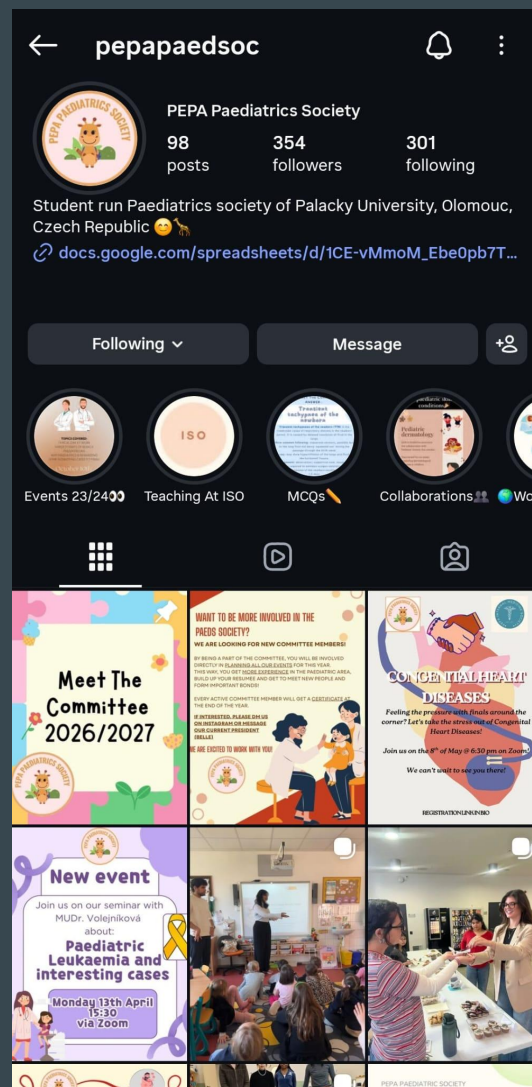


This group QR code is private. If it is shared with someone, they can scan it with their WhatsApp camera to join this group.

PEPA Paediatrics society



@PEPAPAEDSOC



PEPA Paediatric Members Group

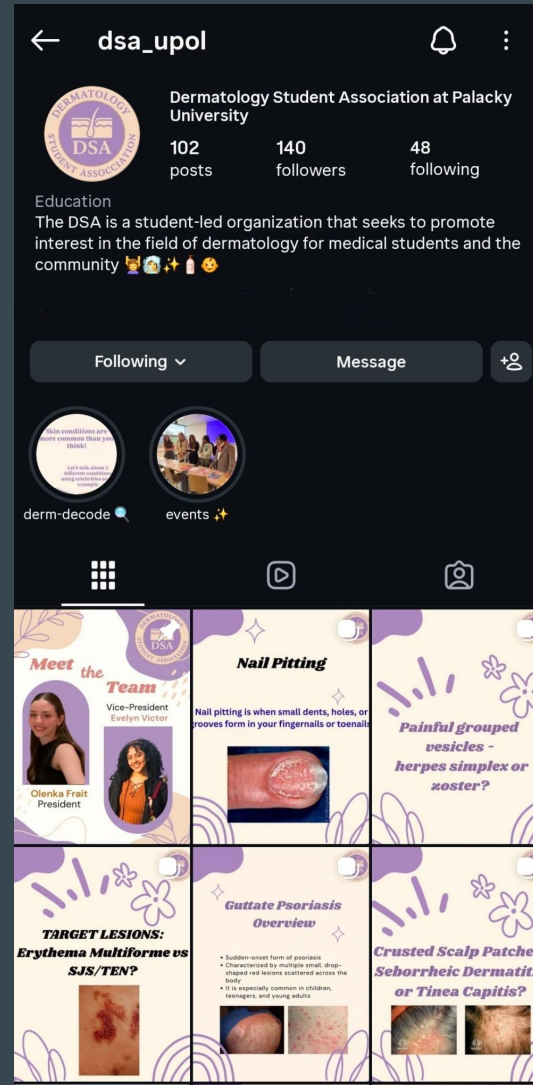


Grupo do WhatsApp



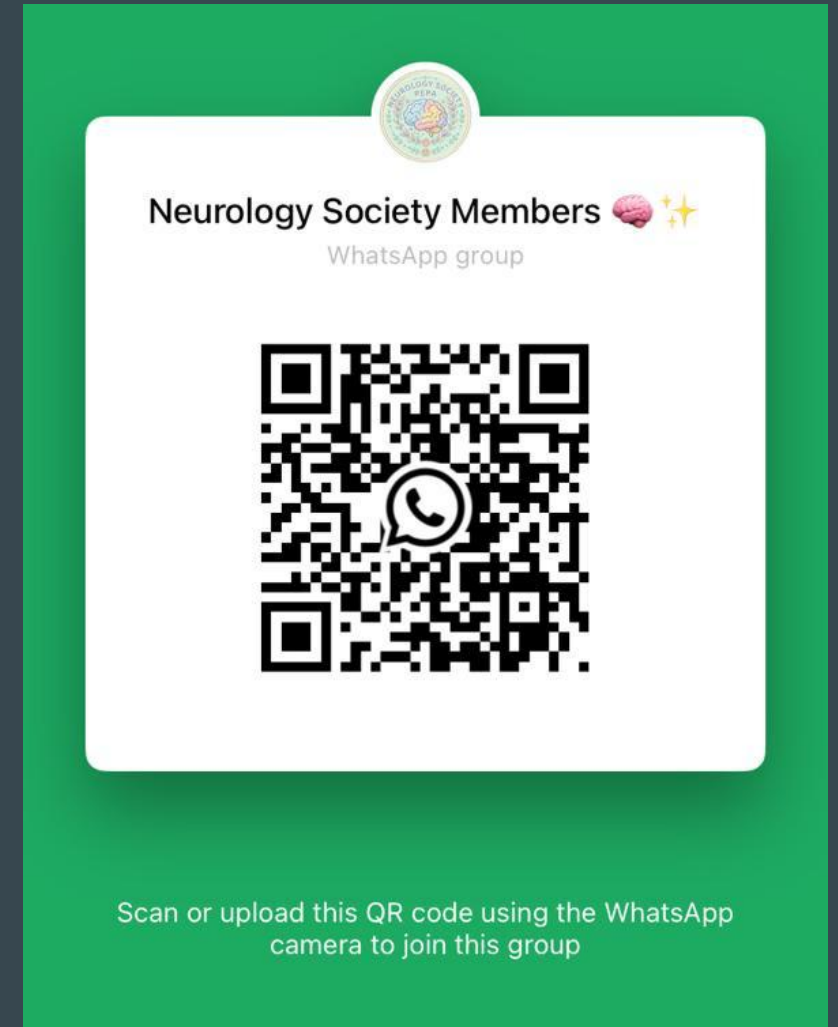
Faça a leitura ou carregue esse QR code usando a câmera do WhatsApp para entrar neste grupo

Dermatology Student Association

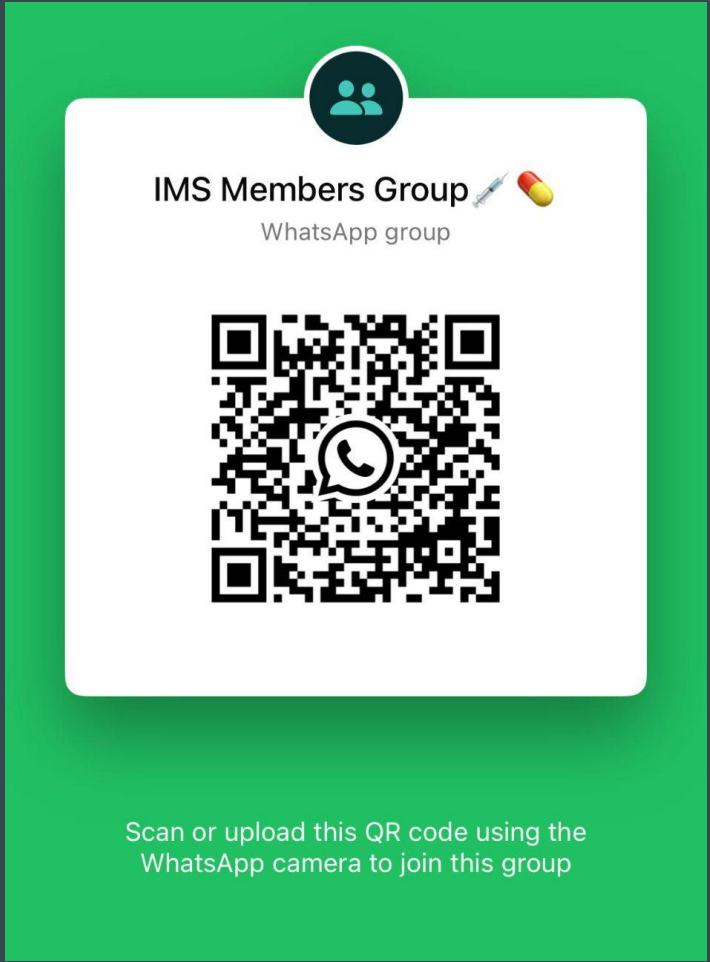
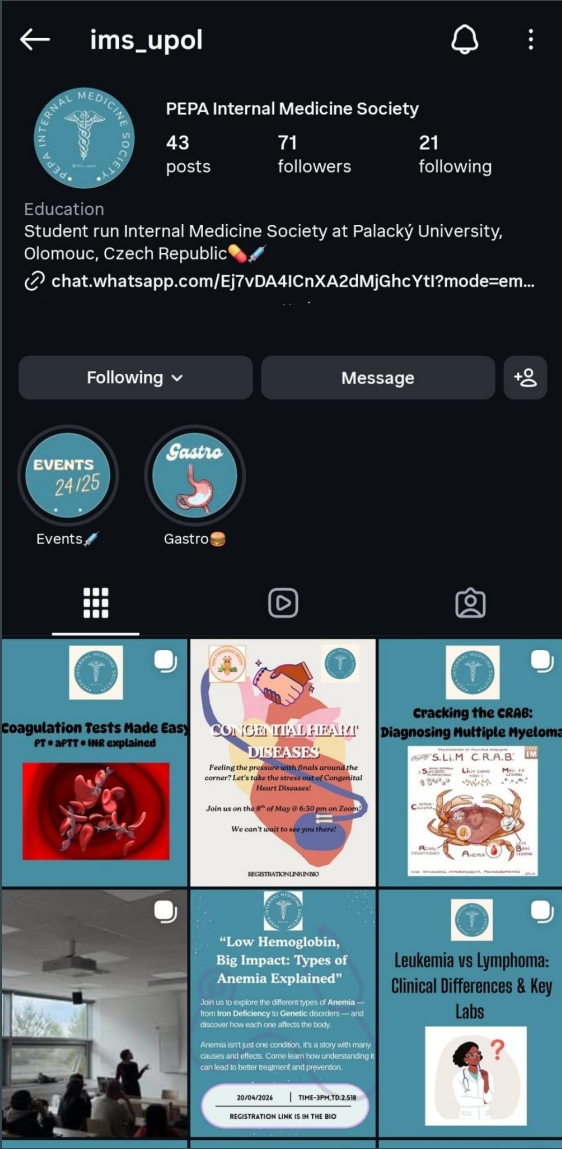
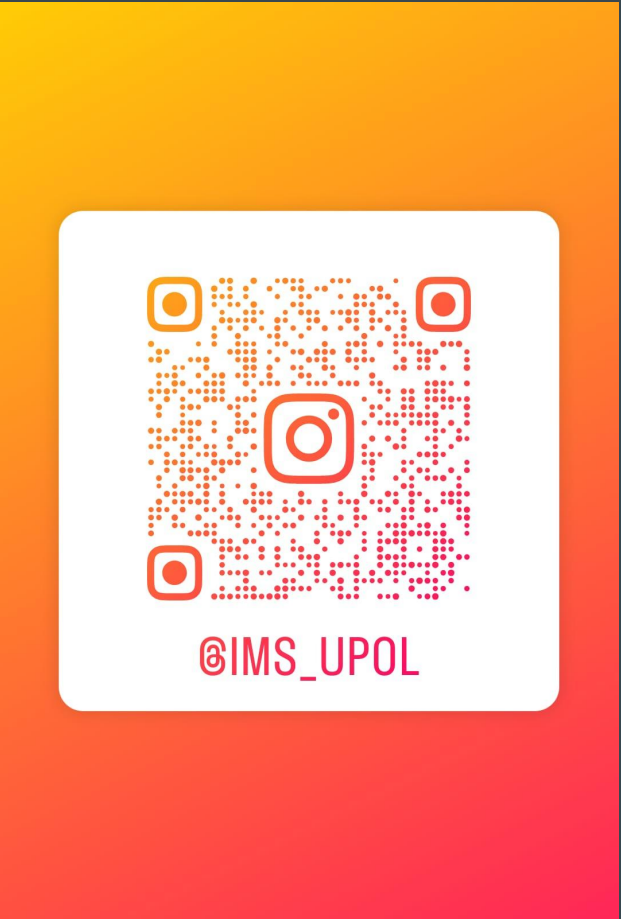


This group QR code is private. If it is shared with someone, they can scan it with their WhatsApp camera to join this group.

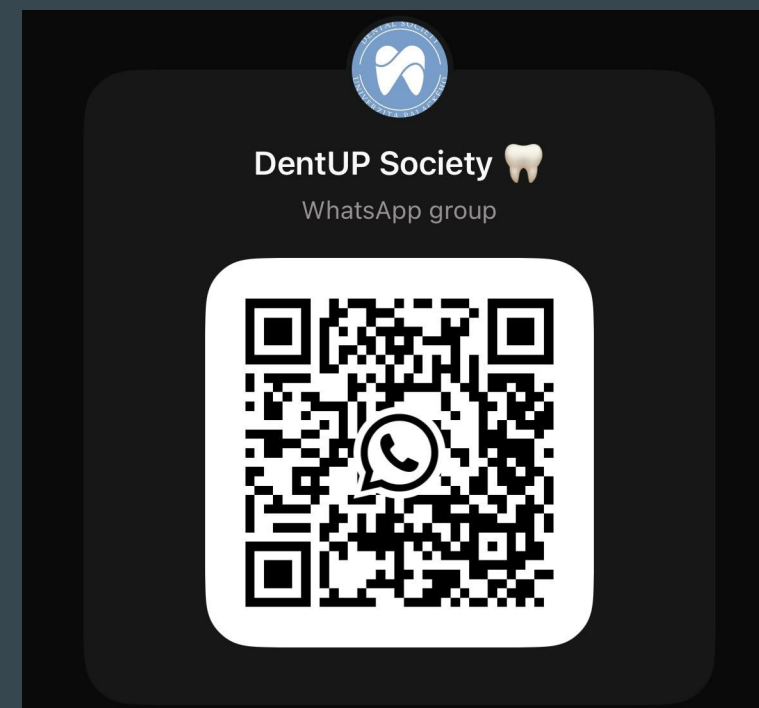
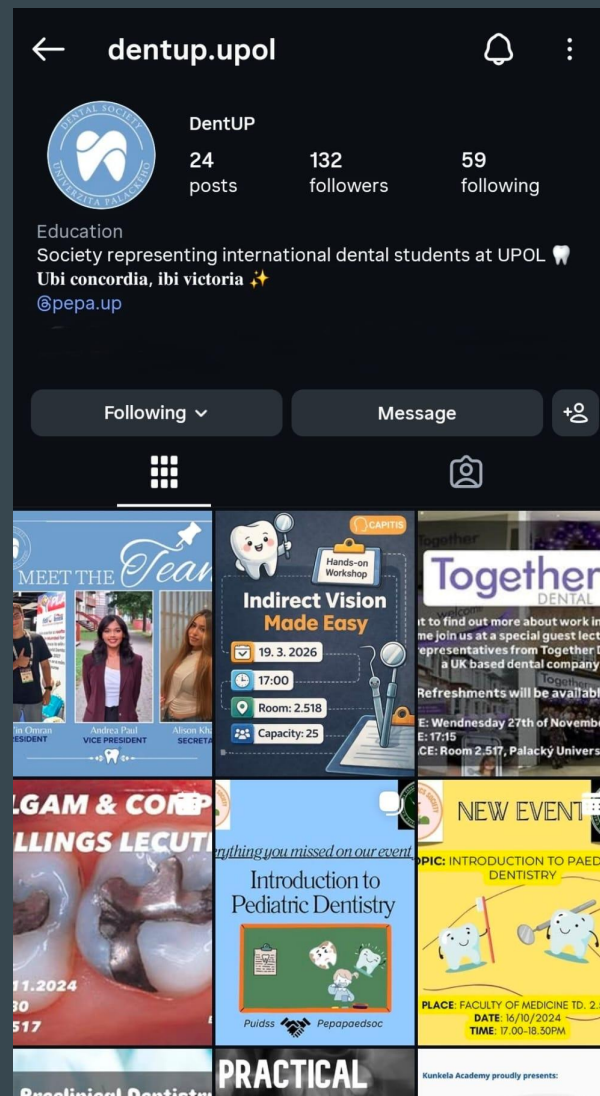
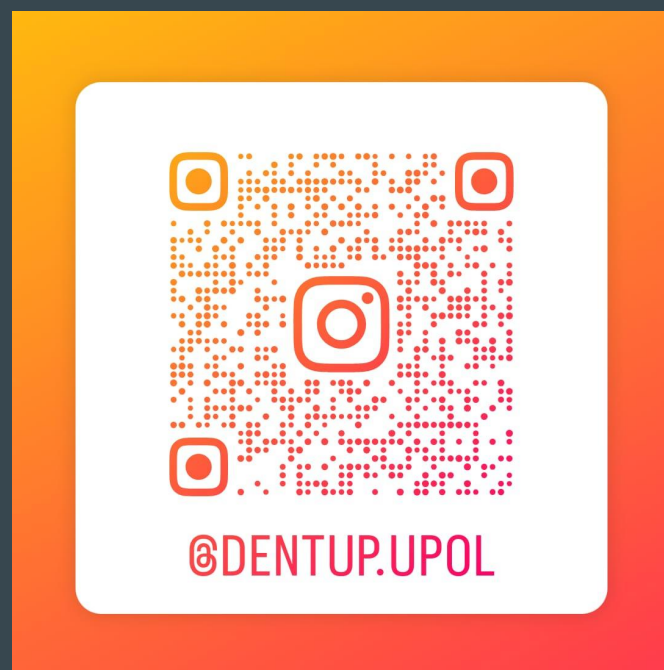
PEPA Neurology Society



PEPA Internal Medicine Society



DentUP





Thank you for listening!
& We wish you best of luck!!